

SELF Kindergarten Scope and Sequence

Topic/Title/Author	Vocabulary	Concept
Setting the Stage for SELF		
1.	Introductory Lesson <i>David Goes to School</i> by David Shannon	<ul style="list-style-type: none"> • cooperate • expectation • pay attention • rules Listening and taking turns helps us work and learn together.
Self Awareness		
2.	I am Special <i>I Love You Because You're You</i> by Liza Baker	<ul style="list-style-type: none"> • difference • dislike • similar • special Each of us is special because we each have individual likes, dislikes, thoughts and feelings.
3.	Recognizing My Feelings <i>Lots of Feelings</i> by Shelley Rotner	<ul style="list-style-type: none"> • body language • expression • feelings • grumpy • proud • shy Recognizing our many feelings and how we show them, using facial expressions and body language, helps us learn about ourselves.
4.	Expressing My Feelings <i>Knuffle Bunny: A Cautionary Tale</i> by Mo Wilems	<ul style="list-style-type: none"> • express • frustrated • realize Using words to express emotions helps others understand our feelings.
5.	Feelings Change <i>Sometimes I Feel like A Storm Cloud</i> by Lezlie Evans	<ul style="list-style-type: none"> • delighted • excited • emotions • pleased It's natural to experience lots of different feelings throughout the day.
Self Management		
6.	Controlling Myself <i>David Gets in Trouble</i> by David Shannon	<ul style="list-style-type: none"> • choices • consequences • responsible We have a choice in what we say and do, and these choices influence the consequences we face.
7.	Feeling Angry <i>Sometimes I'm Bombaloo</i> by Rachel Vail	<ul style="list-style-type: none"> • anger/angry • express • fierce Anger is a strong but natural feeling, and we can learn ways to calm ourselves when we feel angry.
8.	Feeling Afraid <i>Everybody Feels...Scared</i> by Jane Bingham	<ul style="list-style-type: none"> • afraid • comfort • kind Being afraid is a natural feeling, and there are things we can do to feel better.

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Social Awareness			
9.	Recognizing the Feeling of Others <i>How Are You Peeling?</i> by Saxton Freymann & Joost Elffers	<ul style="list-style-type: none"> jealous mood react 	Paying attention to facial expressions and body language helps us better recognize the feelings of others.
10.	Empathy <i>Bear Feels Sick</i> by Karma Wilson	<ul style="list-style-type: none"> care soothe worried 	Recognizing how we have been cared for helps us comfort others in need.
11.	Actions Have Consequences <i>Harriet You'll Drive Me Wild!</i> by Mem Fox	<ul style="list-style-type: none"> react sorry upset 	What we say or do can affect the feelings of others.
12.	Respecting Others <i>My Mouth is A Volcano</i> by Julia Cook	<ul style="list-style-type: none"> interrupt respect rude 	While our thoughts and feelings are important, we need to learn how to share them in appropriate ways and at appropriate times.
Building Relationships			
13.	Friendship <i>Help! A Story of Friendship</i> by Holly Keller	<ul style="list-style-type: none"> calm nervous trust 	Being a friend means learning to care for and help others.
14.	Understanding the Feelings of Others <i>Being Friends</i> by Karen Beaumont	<ul style="list-style-type: none"> compromise similarities differences 	When friends have differences, they sometimes have to compromise to get along and remain friends.
Responsible Decision Making			
15.	Expressing My Angry Feelings <i>When I Feel Angry</i> by Cornelia Maude Spelman	<ul style="list-style-type: none"> avoid decide upset 	We all have strong emotions, but we can express them without hurting ourselves or others.
16.	Coping with My Jealous Feelings <i>Peter's Chair</i> by Ezra Jack Keats	<ul style="list-style-type: none"> jealous share 	We all feel jealous sometimes, but there are ways to cope with this feelings.
17.	Bringing it all Together	Review previous vocabulary.	We have a lot of different emotions, and have learned ways to express them, and how to make choices that lead to consequences we like.